STATE OF ARIZONA PROCLAMATION

WHEREAS, strong mental health is essential to overall health and wellbeing; and

WHEREAS, one in five Americans experience mental illness each year; and

WHEREAS, 4.6 percent of Arizona adults live with serious mental health conditions such as schizophrenia, bipolar disorder, and major depression; and

WHEREAS, suicide is the second leading cause of death in the United States, among people ages 10 - 34; and **WHEREAS**, suicide is the eighth leading cause of death in Arizona; and

WHEREAS, according to the Centers for Disease Control and Prevention, during the COVID-19 pandemic, 40 percent of American adults have reported adverse mental health symptoms, increased substance use, and suicidal ideation; and

WHEREAS, on March 3, 2020, Senate Bill 1523, also known as Jake's Law, was signed into law and brings together mental health providers, advocates, patients, family members, and health insurers to help guide implementation of mental health parity in Arizona; and

WHEREAS, our communities are emotionally and economically impacted by mental health issues and benefit from the enhanced mental wellness of our citizens; and

WHEREAS, with timely access to care, effective treatment, and tools to thrive, individuals with mental health conditions can recover and lead full, productive lives.

NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim May 2021 as

MENTAL HEALTH AWARENESS MONTH

and encourage businesses, schools, government agencies, faith-based organizations, health care providers, veterans' groups and citizens to promote mental wellness, increased awareness and understanding of mental health, support prevention efforts, and commit to reducing the stigma surrounding mental health conditions

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

GOVERNOR

DONE at the Capitol in Phoenix on this Twenty-Sixth day of April in the year Two Thousand and Twenty-One, and of the Independence of the United States of America the Two Hundred and Forty-Fifth.

ATTEST:

SECRETARY OF STATE